

Young adults' Poster Competition

As a Practice, we are really excited to announce the opening of a competition for young adults during this period of "Lockdown".

We would like young adults, aged between 11 and 18, to design and submit Poster designs in one of the following areas:

- Mental Health Awareness
- Staying Safe Online
- Healthy Living

The winners for each poster will have their Poster professionally made and displayed in **all** of our Practices.

For young adults who choose not to design a poster, **they can submit any rainbow drawings, or other pictures supporting the NHS and Key Workers** to be displayed on our website (and sometimes our windows!)

We ask that Parents or Guardians fill out the form below (young adults 16 or over can complete this themselves) and submit the pictures to three.chequers@nhs.net (or by dropping submissions into any surgery's letterbox – remember "Social Distancing"!)

by Monday 25th May 2020; winners will be announced on Spire FM and the Three Chequers Website on Friday 29th May 2020 (please note that only submissions including the slip below can be considered as part of the competition or displayed on the website).

Poster Competition / Picture Submission

Young Adult's Name		Age	
School / college (optional)			
Parent / Guardian Name			
Signature			

Please tick each box to consent

By signing this, I confirm that I consent for my / my child's (delete as appropriate) artwork to be used by the Three Chequers Medical Practice in their Practices (including use on their website and for information purposes).

I consent for my / their first name (delete as appropriate), age and school (where applicable) to be displayed (including at the practice and on their website) with any artwork submitted

Should my / my child's (delete as appropriate) artwork be selected as a winner of the competition, I consent for my / their name (delete as appropriate), age and school to be announced on Spire FM

I consent for my / my child's (delete as appropriate) artwork to be shared with their school by Three Chequers Medical Practice (optional)

Artwork Submitted

Mental Health Awareness poster

Staying Safe Online poster

Healthy Living poster

Rainbow drawing / support for key workers